



WE'RE SERVING UP LEAGUES AT THE WELLNESS CENTER!

Men's League: Begins Tuesday, Sept 6

Ladies' League: Begins Wednesday, Sept 7

Morning League: To Be Determined: Please reach out if you are interested.

Both night leagues will have the top four groups playing from 6-7:30pm while groups 5-8 (if required!) play from 7:30-9pm.

Leagues are a great way to: play with different people, hone your tennis skills, ensure weekly court time and opponents and to have fun while socializing with your fellow members!

WELLNESS CENTER TENNIS LEAGUE RULES:

1. League Players must be Wellness Center members to be in leagues.
2. Cost of the league is \$5/week. (Sessions usually run for 6-weeks.)
3. Once enrolled, League players automatically re-enroll into the next session
 - a. Players must withdraw if they do not wish to continue
4. Top groups (1-6) will play from 6-7:30pm on assigned league night.
 - a. Additional groups (7-12) will play from 7:30pm-9pm
5. Format of play is 8 no-ad games with each player in your group.
 - a. Switch sides after 4 games played in each rotation.
 - b. Tally scores after each 8 game rotation.
 - c. Player with most games won moves up a group the next week
 - d. Player with fewest games won moves down a group
 - e. In the event of ties, play 1 more game or spin a racket to break tie
 - f. Turn score sheets into the front desk at the conclusion of play.
 - g. Players are responsible for finding their own subs!
 - i. Failure to show or to find a sub, moves a player down
 - h. Subs cannot move regular player up but they can hold their position
 - i. Sub list will be available on the league sheet.
 - j. Non-members may sub for a \$15 fee.

Sign up now by contacting info@wellnessco.com or by calling WCNP at 509-467-5124.